

# CANCER AWARENESS

## FIREFIGHTERS ARE AT RISK!

FIREFIGHTERS HAVE  
A HIGHER RISK  
of contracting

# ALL

types of cancer than the  
general U.S. population.

Synthetic building materials  
used in modern structures,  
including furniture and paint,  
**RELEASE CARCINOGENS**  
when burned.



**WE HAVE AN  
OPPORTUNITY  
TO SAVE LIVES!**

Cancer is a leading threat  
ALL to firefighters.



For every 5° increase in temperature,  
skin becomes up to  
**400% MORE ABSORBENT.**

The hotter you  
are, the more  
carcinogens  
your skin  
absorbs

MORE THAN  
**60%**

Since 2002, the IAFF has attributed more than  
60% of its firefighter LODDs  
**TO CANCER**  
MORE THAN ANY OTHER CAUSE

## FIVE THINGS YOU CAN DO

1



**Wear** your SCBA from  
the fire attack through  
overhaul to limit  
inhalation of  
carcinogens.

2



**Clean** yourself off  
during gross decon to  
remove soot as soon  
as possible.

3



**Keep** contaminated  
gear out of your  
station's living and  
sleeping quarters.  
Also, don't take  
contaminated gear  
home.

4



**Make** sure your gear  
is cleaned and  
inspected regularly by  
a verified ISP.

5



**Maintain** a personal  
exposure log of all  
fire calls.



STOP CANCER AT THE DOOR

NotInOurHouse.com

